



**Live Safe Academy**  
[www.livesafeacademy.com](http://www.livesafeacademy.com)  
[Ian@LiveSafeAcademy.com](mailto:Ian@LiveSafeAcademy.com)  
586.771.8487

### **Free Buyer's Guide - Pepper Spray, Which Product Is Best For You?**

Connect with Live Safe Academy for our podcast, videos, articles, in-person classes, and live virtual programs that you can participate from anywhere in the world:

<http://www.livesafeacademy.com/connect>

Oleoresin capsicum defense sprays are commonly referred to as pepper spray or OC spray. Oleoresin is a mixture of a resin and an essential oil occurring naturally in various plants. Oleo refers to the oil. Capsicum denotes any of any of several varieties of chilies with pungent fleshy pods such as a cayenne or habaneros.

**Sensation of Heat:** Heat is measured in Scoville Heat Units (SHU). The higher the SHU rating, the greater potential for the product to be effective.

**Percentage of OC:** Most products range between 2% and 10%. Percentage of OC is not as important as the SHU rating. It does not matter how many jalapenos you eat they will never be as hot as a single ghost pepper.

#### **Type of Delivery:**

1. Foam
2. Gel
3. Stream
4. Fog

The first three listed above primarily affect the eyes, which means you must get the product in the eyes to achieve maximum effect. This can be difficult with a single assailant, much less multiple assailants.

The fog envelops them in an aerosol cone, like cooking spray or hair spray, and has maximum effect on both the eyes and respiratory system.

**Size:** 1.5 to 2-ounce canisters are large enough to have enough spray to give you a reasonable chance of effectively dealing with the threat, while still being small enough to comfortably conceal for most people. Smaller canisters might not have enough spray, larger canisters can be too large to conceal comfortably.

**Safeties:** Under stress the brain wants fast, easy and natural. A stiff, recessed button is fast, easy and natural to use. Canisters without a button safety should be carried in an empty pocket, so nothing presses the button by accident. A reasonable safety is a flip top safety, which will help prevent the button being pressed by accident but still allows you to press the button without deactivating a safety (see video).

**Ultraviolet Dye:** Ultraviolet dye cannot be seen or washed off by the criminal, but the police can use a special light to see the dye, which connect the criminal to the crime.

Although there are several good products on the market, we recommend Fox Labs. We have no affiliation with Fox Labs and do not receive any compensation from them: <https://foxlabs.com/>

If you're not able to obtain products from their website, you can contact them directly:  
800.369.5227

Watch our free video Pepper Spray - Which Product Is Best For You?  
<https://youtu.be/R9tFBFwFqKA>

If you like our video, please subscribe to our YouTube channel and share the video with others.

Listen to Podcast 12 – Pepper Spray and Self-Defense featuring Sergeant Joseph “Little Joe” Ferrera: <https://directory.libsyn.com/episode/index/id/3593359>

Our podcast is available on iTunes and Stitcher. If you like our podcast, please subscribe and share with others.

Connect with Live Safe Academy for our podcast, videos, articles, in-person classes, and live virtual programs: <http://www.livesafeacademy.com/connect>

Direct link to live, virtual classes that you can participate in from anywhere in the world:  
<https://livesafeacademy.eventbrite.com>